



**AMERICAN
Holistic
Nurses
ASSOCIATION**

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AHNA Benefits of Membership

Community

- **Annual Conference** – where you'll hear renowned keynote speakers and connect with like-minded professionals
- **Local Chapters meetings/ Activities** – support the AHNA mission and promote holistic nursing education and self-care across the country
- **Publications** — you can share your personal experiences in *Beginnings*, our full-color member magazine, and/or your research in *The Journal of Holistic Nursing*
- **Members Only Discussion Forum** – enjoy the opportunity to communicate with other like-minded holistic healers

Publications & Communications

- **Beginnings** — a magazine written by you, the members, addressing current holistic health news, published six times a year with Continuing Nursing Education.
- **Journal of Holistic Nursing** with Continuing Nursing Education opportunities and the latest research
 - Free online access to *JHN* digital archives (hard copy subscription may not be included with discounted memberships)
 - Members are now entitled to a 25% discount on Sage Publisher's Journals and books
- **Web site** — our informative and interactive site that offers free events posting for members and chapters and discussion forums provide access to the holistic community
- **Bi-weekly eNewsletter** — offering news of AHNA and holistic nursing
- **Quarterly Research eNewsletter Connection eNewsletter** – provides a place to highlight research in holistic nursing and allow holistic nursing researchers a place to share their findings with AHNA members
- **Promotion and Advocacy** — for holistic nursing, AHNA and its membership nationwide at events, conferences and meetings

Continuing Nursing Education

- Discounts on all AHNA provided continuing education activities
- 65 contact hours for *Foundations of Holistic Nursing* home study course, a great way to prepare for holistic nurse certification through the AHNCC
- CNE credits available at each annual conference
- AHNA approval for your own activity or event
- CNE offered in each issue of the *Beginnings* magazine and the *Journal of Holistic Nursing*
- New Benefit for Members: After February 2015, *Beginnings* CNE's are free for members

Discounts & Advertising

- Discounts on Endorsed Programs (contact Endorsed Program for more information)
- \$10 "referral of new member" discount that can be applied to AHNA purchases
- Free online event listing for members and Chapters
- Discounts on advertising, conference exhibiting, educational offerings and services (CNE approval and endorsement costs)
- Free "Happenings" Ad (events listing) in *Beginnings*: 30-word maximum
- 10% discount on display advertisements
- 10% discount on mailing list rentals
- Online Practitioner Directory Listing participation, limited to members only

Liability Insurance

- Liability Insurance from Nurses Service Organization: www.nso.com, (800) 247-1500.

Scholarships and Awards

- Research Grants and consultation
- Holistic Nurse of the Year Award
- Charlotte McGuire Scholarships for professional education
- Bea Alley Scholarship

For more information, contact the AHNA Membership Department at (800) 278-2462, Ext. 20

The American Holistic Nurses Association Fact Sheet

Who we are

AHNA ...

- Is a non-profit membership association for nurses and other holistic healthcare professionals, serving more than 4,500 members across the U.S. and Internationally
- Serves as a bridge between conventional medicine and complementary/alternative healing practices: holistic nurses integrate complementary and alternative modalities (CAM) into clinical practice to treat the *whole* person, helping individuals access their greatest healing potential
- Was founded in 1981 by Charlotte (Charlie) McGuire MA, RNC, HNC, and a group of nurses dedicated to bringing the concepts of holism to every arena of nursing practice

What we do

AHNA...

- Is the definitive voice for holistic nursing, and promotes the education of nurses, other healthcare professionals, and the public in all aspects of holistic caring and healing
- Efforts resulted in the recognition of Holistic Nursing as an “official nursing specialty” by the American Nurses Association
- Publishes the *Scope and Standards of Holistic Nursing Practice, 2nd Edition (2013)*, the *Journal of Holistic Nursing* and *Beginnings* magazine
- Offers research grants for holistic nursing research and scholarly inquiry in order to build the knowledge base for holistic healing
- Offers a variety of education opportunities and endorses continuing nursing education programs that align with the mission and purpose of AHNA
- Works cooperatively with the American Holistic Nurses' Certification Corporation, the national credentialing corporation for the specialty of Holistic Nursing
- Hosts an annual national conference with continuing nursing education and networking opportunities
- Organizes and nurtures more than 145 chapters across the United States that further the AHNA mission

Holistic Nursing...

- Is defined as “all nursing that has healing the whole person as its goal,” (AHNA 1998) and integrates complementary and alternative treatments into clinical practice
- Is recognized by the American Nurses Association as an official nursing specialty